

## **“MEMORIES” DEMENTIA CAFE AT THAME BARNS CENTRE**

Since March 2019 and the increase in The Thame Senior Friendship Centre waiting list, it became apparent that whilst we support the elderly community of Thame there had been a significant increase within our local communities of individuals and families living with dementia.

In view of this, Thame Senior Friendship Centre opened a dementia café on Monday 13<sup>th</sup> September at 10 am.

The cafe will be open every Monday morning from 10am to 1pm and will be run by the staff and volunteers of TSFC.

We will provide activities for those attending and will help with any issues you have and try to help in any way we can.

There will be a minimal charge of £5 for tea/coffee/biscuits which will be provided whilst you are with us.

The Dementia Adviser for Oxfordshire, Katie Smok, joined us for our opening and will be attending every second Monday in the month to answer any questions you may have and where to get help if required.

Katie will be attending on the following dates: -

- October Monday 11<sup>th</sup>
- November Monday 8<sup>th</sup>
- December Monday 13<sup>th</sup>
- January Monday 10<sup>th</sup>

TSFC opened once again on 18<sup>th</sup> May to the delight of our members who were able to meet with their friends once again. If you wish to join us at TSFC or the dementia café then please contact Kate on 01844 212080.